

SUMMIT REPORT

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Summit Schedule

(All Times Eastern Time)

Saturday 1-5PM ET

(about 134 attendees) Recording (except break out rooms): <u>https://www.youtube.com/watch?v=it-GWQe_PNo</u>

1:00 Welcome

Randy Marks, I-Group Council Chair, rmarksftc@yahoo.com Bryan Harold, MKP USA Chair, bryanharold@mkp.org Jerry Deutsch, Elders Society Chair, jerrydeutsch@mkp.org

1:15 MKP USA

Bryan Harold, MKP USA Chair, bryanharold@mkp.org Richard Torres, Operations Lead, RichardTorres@mkp.org David McLean, Curriculum Lead, davidmclean@mkp.org Jon Levitt, Organization Development lead, jjl.mkp@gmail.com; presentation Deb Mauger, Finance Director, finance@mkpusa.org; presentation Dan Baldwin, Core Circles Leadership Lead, community@mkpusa.org Ed Gurowitz, Intercultural Advocate Council lead, edgurowitz@mkp.org

2:45 Break

3:00 IG Vibrancy & Safety

Randy Marks, I-Group Council Chair, moderator, rmarksftc@yahoo.com Dan Baldwin, Core Circles Leadership Lead, community@mkpusa.org Kevin Hauber, Mission Circle Incoming Lead, kevin@abundanthealthslo.org Scott O'Hare, Safer Circles & Core Values Lead, scottohare@mkp.org Ruben Rosas, NorCal Intercultural Advocate, rrstar3603@gmail.com Allan Shuman, I-Group Council Steering Committee, ashu14@aol.com Josh Walsman, I-Group Council Past Chair, josh.walsman@gmail.com

4:00 Heart Space

Mark Broder, Core Training Series Curriculum Lead, markbroder@gmail.com

4:10 Break/Transition to Break Out Rooms

4:15 Break Out Rooms

Main Zoom Room: MKP USA Water Cooler Josh Walsman, I-Group Council Past Chair, josh.walsman@gmail.com

Communications Boysen Hodgson, MKP USA Communications, communications@mkpusa.org *See documents section.*

Mission Kevin Hauber, Mission Circle Incoming Lead, kevin@abundanthealthslo.org

PIT Update Ken Shultz, Core Training Series Lead, kenshultz10@gmail.com

Elders Jerry Deutch, Elder Society Chair, jerrydeutsch@mkp.org

Making Our I-Group an Open Men's Group Scotty Krabler, Support Services, scottykrabler@mkp.org

Fatherhood Andrew Cusick, azkid922@gmail.com See documents section.

Supercharging Your Inner Growth Mark Broder, Core Training Series Curriculum Lead, <u>markbroder@gmail.com</u>

Warriors in 12-Step Recovery Eric White, ericwhitedev@gmail.com Indigenous Men Ipswa Mescacakanis, ipswa@hotmail.com Lonnie Hamilton, Ionnie@redhawkcreek.com

Men with Different Abilities Both Physical and Invisible Andy Heller, ahelleraz@gmail.com Art Patterson, warriordove3@gmail.com Thomas Schenk, schenck44@me.com

Action Groups

Steve Simmer, Ending Men's Violence Is Men's Work, <u>stephen.simmer@gmail.com</u> Tom Reilly, Racial Justice Action Team, <u>tomreilly@comcast.net</u> Stewart *Kennedy*, Elders for Climate Justice, <u>stewartkennedy66@gmail.com</u>

Conflict Resolution Christopher O'Dell, 4bstaples@gmail.com Allan Shuman, <u>ashu14@aol.com</u> See documents section.

GBTQ+ Warriors Austin Miller, <u>austindeanmiller@gmail.com</u>

Brothahood (Men of Some Obvious African Ancestry) Redd, <u>reddstlouis1977@gmail.com</u>

Warriors Of Color United (WOCU) (Saturday Only) Ruben Rosas, NorCal Intercultural Advocate, rrstar3603@gmail.com

What Is Young Warriors & What We're Doing? (Saturday only) Nathan Knecht, Young Warriors Council Chair, <<u>nathanknechtmkp@gmail.com</u>>

4:55 Wrap Up Randy Marks, I-Group Council Chair, <u>marksftc@yahoo.com</u>

Sunday 3-7PM ET

(about 124 attendees)

Recording (except break out rooms):

https://www.youtube.com/watch?v=h9516aff254

3:00 Welcome & Honorings

Josh Walsman, I-Group Council Past Chair, josh.walsman@gmail.com Darryl Hansome, MKP USA Chair-Elect, hansomeboy1@gmail.com Reuel Czach, Elder Society Chair-Elect, cayroo@charter.net

3:15 Intercultural Issues & I-Groups (recording of this part)

Ed Gurowitz, Intercultural Advocate Council lead, edgurowitz@mkp.org Juan Carlos Arango, juanc4rango@yahoo.com DC Benn, jomaster35@yahoo.com Lonnie Hamilton, Ionnie@redhawkcreek.com Andy Heller, ahelleraz@gmail.com Corb O'Connor, corbb@rushpost.com Sam Ladion, wladion@gmail.com Tom Reilly, tomreilly@comcast.net Ruben Rosas, rrstar3603@gmail.com Trevor Stevenson, trevor.jay.stevenson@gmail.com Chris Tucker [withheld] Ari Yahrok, agyahrok@gmail.com See post that was read in documents section.

4:45 Break

5:00 Post COVID Fears & Dreams

Randy Marks, moderator, rmarksftc@yahoo.com Paul Gulshan Baxter, <u>pb446rst@gmail.com</u> Mark Broder, markbroder@gmail.com Dan Goldberg, mkpdan@gmail.com Raj Mahanti, raj.k.mahanti@gmail.com Paul Mirocha, hiddenmountainlion@gmail.com Bob Murray, bobmurrayiii@gmail.com Steve Simmer, stephen.simmer@gmail.com

6:00 Break/Transition to Break Out Rooms

6:15 Break Out Rooms

Main Zoom Room: MKP USA Water Cooler

Mission Kevin Hauber, kevin@abundanthealthslo.org

PIT Update Ken Shultz, Core Training Series Lead, kenshultz10@gmail.com

Elders Jerry Deutch, Elder Society Chair, jerrydeutsch@mkp.org

Making Our I-Group an Open Men's Group Scotty Krabler, Support Services, scottykrabler@mkp.org

Fatherhood Leonard Szymczak, leonard@leonardszymczak.com See documents section.

Warriors in 12-Step Recovery Eric White, ericwhitedev@gmail.com

Men with Different Abilities both Physical and Invisible Andy Heller, <u>ahelleraz@gmail.com</u> Art Patterson, <u>warriordove3@gmail.com</u> Thomas Schenk, <u>schenck44@me.com</u>

Indigenous Men Ipswa Mescacakanis, ipswa@hotmail.com Lonnie Hamilton, lonnie@redhawkcreek.com Supercharging Your Inner Growth Reuel Czach, Elder Society Chair-Elect, cayroo@charter.net

Action Groups Steve Simmer, Ending Men's Violence Is Men's Work, stephen.simmer@gmail.com Tom Reilly, Racial Justice Action Team, tomreilly@comcast.net Stewart Kennedy, Elders for Climate Justice, stewartkennedy66@gmail.com

Conflict Resolution Christopher O'Dell, 4bstaples@gmail.com Scott Lewis, scott@langleycreations.com See documents section

Intercultural Competency (Sunday only) Ed Gurowitz, Intercultural Advocate Council lead, edgurowitz@mkp.org

How to Support Young Warriors (Sunday only) Nathan Knecht, Young Warriors Council Chair, <<u>nathanknechtmkp@gmail.com</u>>

Latino Warriors (Sunday only) Nuno Fernandes, nunosgfernandes@gmail.com

6:55 Good Bye

Randy Marks, I-Group Council Chair, marksftc@yahoo.com

I-Group Vibrancy Ideas from the 2021 I-Group Summit

[Here are the ideas participants put in the chat during the I-Group Vibrancy and Safety panel.]

From sam: our group has an agreement to do community service

From Juan Carlos Arango: Created a space that was inclusive to all

From Boysen Hodgson: Build the Open Men's Group together - as Facilitators.

From Mark Broder: Our group has stuck with the traditional four rounds but I find there's value in the repetition and predictability. It seems to strengthen the container and we can continue to go deeper in each round

From Peter Karp: Our group as utilized the We Group format. We go on retreat each year. We had an evening with women. We have had a movie night.

From Jason Bald-Ontario Canada: We attended a seminar to learn more about Adult Autism

From Gary Reedy: Embodiment activities

From Noah Danaher IGCoord Central Plains: My I-Group switches the King position. We've all developed into excellent Facilitators

From Sam Farler - Chicago: We did the Hang-Dog Shame process together.

From John McElroy - StL: I, one-time revised the Warrior round into a Golden Accountability round

From Abhishek Kulkarni (he/him/his): We have done themes on evenings. Exploring shame, archetypes, etc.

From Evan Greller: Had specific themes in Magician round around Money

From Steve Frankel - Colorado: Day Retreat - Part of it - each having at least an hour to tell their life story. What a difference later in group to then understand more deeply where and how patterns surfaced, etc. And the bonding is incredible

From Mike Davis: Dance party!

From Boysen Hodgson: 5th Wednesdays - Movies / Picnics / Dinners Out

From Goran (Atlanta): Different kings have different creative ideas they implement.

From John Warren: We devoted one evening to practicing one process from IGFT in two rounds so that each man got a chance to facilitate and do work. Went very well!

From Boysen Hodgson: Anti-Racist Actions Check In Round

From Peter Karp: We have a community night once a month where we have done a whole variety of activities.

From Dennis Goss: I brought in a longer checkin around our sexual experiences. Many haven't spoken about it since the weekend and led to some men doing deeper work around it.

From Darryl Hansome: Created an open I-Group when the others became exclusive and closed to any man not a member of that I-Group (whether they were initiated or not)

From Randy Marks, IGC Chair: Goran's point is true for my I-Group. Leaders for the night bring different group magician processes. You won't be surprised that I bring mission processes when I lead.

From Stew Kennedy - Magnificant Kingfisher: Fire circle

From Willy Koppel: Our group did a shame exercise. Shared our shame in vaious circumstances using a specific protocol. Brought the group closer.

From Andy Heller (Arizona USA): Roller Skate night last night, 6/11/21. I honor my new Knee Brace that I am wearing now and for the next week. I see it as a 'safe' way of finding out how my body wants to do things it really is not ready for or cannot do anymore. I have a 'body' awareness even greater now.

From Mike Holdstock, Nordic: In a virtual i-group across 6 countries a Whatsapp group is running 24/7 and keeping us together, and providing support and openness all hours of the clock.

From Randy Marks, IGC Chair: Action Groups.

From Tyrone Marsh - MNYTS: our group is diverse in presentation. Each King decides how he would like like for us to show up. He reaches out via WhatsApp at least twice during the week to hold the weeks together. We have accountability as the driving force for all things and we have agreed to support each other beyond just the once a week.

From Joe Kohn - OoTS - Kanaka Maoli land (Maui) - he/him: Is there a difference between being safe and feeling safe?

From Randall Schilling - St. Louis, MO, USA Compassionate Elk: Want: that the MKP Community in general be much more aware of the training resources available on MKP Connect, and utilize them much more.

From Christopher O'Dell: What most impacted my I-Group was the up-leveling to our facilitation skills and energy from The Next Step Training. You can find more information about it here: <u>https://mkpusa.org/next-step/</u>. We aren't doing The Next Step during COVID, but you can access most of the material in the free Omega Point Program, which will hopefully soon be officially accepted by MKP's Curriculum circle.

You can find more information about the Omega Point Program here: <u>https://omegapointprogram.com/</u>

From Dennis Goss: What has helped out group is one man king's for the month, we meet twice a month and brings in his own theme if desired. We

From Chris Victor (he/him)- Mid Hudson Valley NY: processes take TIME! try removing our work process time limit.

From David Standish: refer to the new i-group toolkit to ramp up uninitiated men who are sitting in circle for first time

From Corbb O'Connor: When a man is doing his work, we could use some resources on "if he says _____, he might need ____" etc.

From Robert Werme: Vibrancy in I-groups improves when NWTAs are being held.

From Dennis Goss: have spoken on mothers or father, archetypes etc

From Juan Carlos Arango: It's important to know the difference between feeling uncomfortable and safety.

From Abhishek Kulkarni: To equalize the group and take ownership of the group, we started doing rotating kings and different themes each time.

From Jeffrey Bates: Sometimes limiting time in the work round limits the depth of work a man can get to...work is kairos time and if you're looking at the time as a man is doing his work, you're not "with him"

From Jamie H. Wellik: Added out of town men from 80-140 miles away during Covid. Going to a split format this week with local men in person and zoom for rural warriors

From Ted: find ways to incorporate the I group follow up to It2 using the heartman protocol where men interact between meetings

From Abhishek Kulkarni: We also have done evenings where we all practice facilitating a specific process by using the breakout room feature on zoom

From Charlie Green 查理緣: formalized I-Group rep marketing and operations protocol/materials

From Mike Holdstock, Nordic: Making the Men's group more than a number of hours a week by integrating the work done in the group into daily life.

From Ruben Rosas: Long seeded groups may get complacent, 1 group has 12 new members and needs support, issues with getting men BACK into group, longer- weekend meet ups for more connection.

From Bill Davies: I think hybrid groups will be a thing. I've-already seen a situation where vaccinated men do not want to sit with their non-vaccinated brothers. Same group.

From Peter Karp NorCal: Our group is experimenting with a hybrid version. One week on Zoom and the next face to face. We also have community nights every other month where we do many different activities. We also have a yearly retreat. From Art G. San Diego: Mentor the man being invited, familiarize with some of the rounds, safety, process and language.

From John Warren: New I-Group in Jacksonville uses IGFT processes for every meeting. Men come with both a work statement and which process they want the facilitator to use. Also they make stretches every meeting and share on WhatsApp during the week on how they are doing.

From Thomas Schenck: I hope we continue zoom & in person. Need outreach to differing abilities and MKP support for Barrier Free New Warrior Training Weekend. Especial men with a differing ability and men willing to be Physical Men of Service (PMOS).

From Mike Holdstock, Nordic: Making it possible for a member with a specific issue which will take some hours, more than available in a normal meeting, to have that long process.

From Corbb O'Connor: I heard a request that we have resources about how to facilitate an i-group with some men in person and some on Zoom (everything from what technology is needed to how to adjust processes)

From Eric Schrager (NJ): I'm in an I-Group that was created, formally and officially and with the blessing of our community, to create a home for initiated men who were not in an active I-Group. It didn't come out of an NWTA.

From Mike Holdstock, Nordic: Encourage men to bring in other processes than are standard MKP but which the man who uses it knows/has confidence in.

From Mike Barickman: The expectation of the I-Group is that everyman can lead, everyman will lead, and any man may pass. That expectation and the group support made it natural to take Kingship the week after I finished online PIT. Now, we have had no new, initiated men for over a year. Every week a different man leads the meeting. (This group has men with 1.5, 5, 10, 15 years since their NWTA) We have met in this way virtually since Spring 2020. It works for me.

From Boysen Hodgson: I-Group - 'Traditional' Structure, New Warriors, NWTA Integration

From Boysen Hodgson: Men's Group - May or may not be New Warriors. Likely non-traditional structure. May have a focus (Gold Mining, Fatherhood, GBTQ, etc.)

From Mike Holdstock, Nordic: "All for one and one for all" strongly supported. Its not only my responsibility to get what I want from the group, but equally important that the others are well and healthy. In principle we have distributed the King role.

From Mike Holdstock, Nordic: Encouraging 1-1 meetings between all members as well as the group relationship.

From Boysen Hodgson: Open Men's Circle or Open Men's Group - Facilitated Circle for men NEW to the work. Different structure and rounds. Has a safety protocol built in. Has follow-up.

From Bill Davies: We have run a Zoom circle for the past 15 months trying to find and introduce men to the work. Without promotion from the National level, we got maybe 10 men and many come every week using our own promotion skills or lack of skills. And the funny thing that happened is we pulled in 6-8 initiated men who did not have a group in their area, or a group on hiatus. This has become a powerful circle and arguably way more exciting than my "regular" group.

From Christopher O'Dell: LOTS of men who participate in identity-specific I-Groups also participate in other, identity-mixed venues.

From Chris Victor: IMJ the identity specific groups strengthens and actually creates the MKP brand that I want

From Christopher O'Dell: This may be helpful with regard to the question of different trainings and I-Groups:

https://drive.google.com/file/d0B56CuGNniPUBcDFzV1FvSlphOURqRS1DV mZ4dWwxN1RIWTZF/view?usp=sharing&resourcekey=0-iTXjW3QXnmfdpv_ nznb9LA

From Tyrone Marsh - MNYTS: As a man of difference, please allow me to say that I do not believe we are "abandoning" our white brothers when we state we need to grow roots within those of life minds and backgrounds. My strength to the grow is not to teach but to be able to support. I can't support if I feel less than or invisible in a predominately white group. Yet, as my roots deepen... I will show up more. This has been my experience and truth.

Post-COVID Fears & Dreams

[Here are the ideas participants put in the chat during the Post COVID Fears & Dreams panel.]

From Austin Miller: Summary from group 4 - Hawaii-Lost 1/3 of men gained a couple - father son joined - difficulties, men did or did not want to mask up - campfire meetings - all members now vaccinated - chose not to sit in group with unvaccinated men. - Atlanta - Zoom - possibly in person soon. Dramatic drop in attendance - 2-3 members down from up to 20. 10 is biggest on zoom. Zoom is okay, in person is better. Athens GA - exclusively virtual - after 6 weeks - alternating with campfire and distancing - occasional non-Igroup gatherings. Rule - Only vaccinated. Not comfortable with it. Participation in MKP has been steady throughout pandemic. Love Zoom. Pandemic gold mining. Lets keep the good stuff. Great for remote men. Hawaii/Pennsylvania-Zoom - fantastic. Miss being in person. Covid survivors. Wants freedom of choice. Respect choices. Love virtual. Love MKP.

From Bill Davies: Finding venues that are not afraid of liability for men catching something.

From Bill Davies: Meet indoors or outdoors?

From David Corley-St. Louis, MO: When will hybrid meetings be discussed?

From Keith Bennett: COVID seems to be the elephant in the room

From Bill Davies: Finding a venue with ventilation

From Boysen Hodgson: I love the convenience. Love sitting with men from the other side of the country in I-Group.

From Bill Davies: Mixing vaxxed and non-vaxed men - some in our group are not willing to do that. The men who said "call me when it's over" when COVID hit - haven't seen for 15 months

From Boysen Hodgson: And I DON'T like not being able to touch, wrestle, scream, cry, get piled on.

From Bill Davies: The fact that Zoom is convenient, better for the planet, and I get to bed on time!

From sam: Closed iGroup is drifting to fledgling as former members leave and new folks don't stay.

From Stephen Reynolds, Indpls IN: agree !!

From Thomas Schenck: Our I-Group has benefited greatly from 3 men getting the I-Group Facilitator Training.

From Nuno Fernandes: I agree with Boysen, as a kinesthetic man, I miss in person and yet miracles do happen on zoom-land

From Bill Davies: I think Zoom gave some men who were "barely" involved an excuse to leave gracefully.

From Bruce Lederer eaglebear: I did not think that Zoom would work. While my I-Group went on hiatus as a result. I found another group and found that Zoom work well even though I greatly missed the gugs and the energy of my brothers.

From Chris Victor: Zoom helped me recognize that my own imagination is the driver of my work, in-person or not. had to up that game to do my work on zoom.

From DC Benn-San Francisco, CA-he/him/his/dude: We have men who have serious health issues in which they are not vaccinated yet. My I-group wants to meet in person instead of using ZOOM. As long as the event is outdoors, most of the men will attend. Because most of us are vaccinated, we are moving to meet indoors. That is the status of my I-group.

From Paul Gulshan Baxter, Washington DC: We've done good work on Zoom in my I-Groups, since COVID-19. Having said that, most men prefer meeting in-person. I find Zoom still useful for I-Groups. My I-Groups are meeting in person now (Reston Men of Integrity and the Bull Run Warriors, in Northern Virginia). The Bull Run Warriors are holding hybrid meetings. We meet every week. The Reston group meets every 2 weeks. They don't see the need for hybrid Zoom meetings.

From Jason Bald: What works for me during the COVID I-Groups: in a way it has united our region. We live in a large spread out geographic area and It is easier to get everyone together over Zoom. We have had several men drop off the local i-group because the technology doesn't work for them. That being said, We have attracted new men to the work. We will probably have 5 new men ready and raring to go for the next NWTA.

From Boysen Hodgson: Bill +1 - and - I have also seen men come BACK to MKP because they could join without driving. And they were excited by the new focus on action.

From Bill Davies: What has been consistent - and I likely have a shadow here - some men like to engage in grab ass behavior whether on Zoom or in person! I guess I'm too serious.

From Christopher Kitts: Think the difficulty we're seeing here on this call with connections, broken audio, and freezing underline some of the problems with zoom-i-groups

From Sid Liebenson: For us, it seems that after many months on Zoom, men find it easier to skip meetings. The commitment to attend each meeting isn't what it used to be. Keeping the container strong has been a challenge. That said, we've enjoyed participation of men joining us from out of town...and we still see ourselves as one of the stronger I-Groups in our area.

From Paul M Mirocha: I miss the backyard meetings around the fire circle. But zoom works for me—it saves an hour of driving so I can come home to put my son to bed. Our i-group began to lose energy before we switched to Zoom. We began losing members slowly and finally the last 4 of us decided to dissolve. This was NOT due to Zoom however. Yet, one man checked out with eyesight issues that made Zoom difficult. I began to visit other groups to see what I could learn. I have been sitting with an iGroup that has members in different states, and it's a great group. With Zoom, experienced men taking leadership roles, and a tight structure, this new group works very well. Keeping it loose was a major reason our group dissolved.

From Boysen Hodgson: Great stuff Paul - thank you.

From Bill Davies: Our Thursday open group has 12 men who show up every week - no agreements! 4-5 waiting for an NWTA. Very different energy than my legacy group on Weds nights.

From Dan Baldwin: One thing in our breakout group was how to do work online. I shared that we focus on Support rounds. Focus on 1)Witnessing (just a man sharing what happened, connecting with the feeling and expressing it, and sharing his want or intention for the future. 2) Being seen or heard - that is a person shares in witnessing but a person reflect back what he heard and asks if he got it. 3) asking for experience strength and hope is a person does witnessing and asks for men who have had similar experiences to share their experience strength and hope. Facilitators keep men out of story and getting connected to feelings by asking deepening questions. From Dan Baldwin MKP USA Support Services: The mic is the most important thing to get. Men can chip in for it. it allows men on zoom to hear better men live better without having to pass the computer around.

From Max: In My Judgement a disproportionate amount of energy is invested in the weekends and not enough in I-Groups --In terms of the urgency and importance placed on them. IMJ

From Mark Broder: Agree, Max--I think a benefit of the Covid era is to change that and bring more attention to I groups

From Randy Marks, IGC Chair: Zoom has worked really well for Gold Miners in Washington DC. My one frustration is we cut our meeting time from 2.5 hours to 2 hours. I don't get because lack of need of travel has added 1.5 hours to my life. :)

From Bill Davies: When we moved to Zoom we ditched all the stuff that might be called ritual. We focus on having everyone participate - so it is generally more of a sensei question or series of questions, and everyone talks. Keep it moving. Personally I struggle if one man is taking 20 - 30 min while everyone watches.

From Charlie Green 查理綠: zoom is face to face

From Bill Davies: If I want to deeply listen to a man on Zoom I need to look away. The REM activity is too much.

From Abhishek Kulkarni (he/him/his): I miss the smudging and the drumming on zoom.

From Thomas Schenck: Challenge Warrior continues 4 rounds structure and use protocols as a guide.

From John McElroy: For information about the twice daily zoom gatherings I spoke about, please contact me at 314-348-0737 or john.n,mcelroy@gmail.com.

From Abhishek Kulkarni (he/him/his): We do call in the directions and then jump to lover round.

From Max: Carl Jung or Robert Johnson said that the subconscious cannot distinguish between a ritual act and an actual act—paraphrasing

From Dan Baldwin: We encourage the king to bring something new and different each time

From Thomas Schenck: Directions are about intention for our group.

From Boysen Hodgson: The OWL is the only one I know about.

From Abhishek Kulkarni: The one downside can be that rituals can take up a big chunk of time early on and then we run out of time for the work round.

From Paul M Mirocha: Yes, zoom is Face to face, however it's also true that it's face to digital image. That digital image holds much less sense data. It's different. The emotional bandwidth is smaller online. That said, Zoom can work quite well.

From Lionel Lainard (France): Neuroscientists explain it's essential to connect IN PERSON, virtual stuff doesn't give the chemistry/energy we need to feed ourselves with/from the others. (sorry i'm French) Just to say, zoom must not become an habit.

From Randy Marks, IGC Chair: Our IG struggles with what Ahbishek said about work round being constricted. Our goal is to get through business, lover, and warrior rounds in 45 minutes. From Charlie Green 查理緣: i disagree with the neurosciences on this one

From Austin Miller: Similar experience to Ahbishek. Our Zoom has less ritual and more work being done.

From h tom trites: audio-technica ATR4697 usb microphone

From Max: Ricoh Theta 360 camera \$296—Amazon

From Boysen Hodgson: Thanks for that Lionel. For me it's 100% both/and. I need physical connection. And there is a lot I can do virtual.

From Paul Brucker: You guys know about WIT, whatever it takes, where men focus on a few goals and check in every day with a member and a weekly meeting for six weeks, I think. Warrior focus.

From Christopher Kitts: Other type of support groups on zoom: we had a man start a "working together" zoom where men just signed on and kept each other company as they did paperwork, taxes, record keeping — that kind of thing. Very supportive idea!

From sam: I receive insights (energetic, skills, etc) by visiting other iGroups

From Dan Baldwin MKP USA Support Services: WOW the audio-technica ATR4697 usb microphone is cheap!

From Keith Bennett: It's also a bit more difficult to read contextual clues from a black screen. If another COVID hits I would not want anyone to have a black screen in I group.

From Thomas Schenck: We read rules when a new member or refresh 1 time each month.

From Max: Maybe it is not about Ritual--but as been mentioned earlier--when Ritual become wrote

From Bill Davies: Our Monday group went to 90 minutes. Warrior Communication, get in, get out, make it crisp.

Honorings 2021 Summit

Past IGC Chairs

- Ballard Pritchett
- Jerry Bowes
- Rick Morgenstern
- Paul Samuelson
- Jeremy Myers
- Josh Walsman
- Scott Freathy

I-Group Steering Committee

- Chair: Randy Marks
- Past Chair: Josh Walsman
- Core Circles Leadership Lead: Dan Baldwin
- Meeting Coordinator: Kerry Bell
- Zone Support Coordinator: Allan Shuman
- Curriculum: Mark Broder
- Area Stewards Cross-Link: Tyrone Marsh
- Safer Circles & Communities Cross-Link: Scott O'Hare

I-Group Trainings Leadership

- Core Training Series leaders: Ken Shultz, Josh Walsman, Mark Broder
- I-Group Facilitation Training (IGFT): Vince Chafin (former), Ken Shultz (current)
- I-Group Leadership SkillsTraining(IGLST): Edwin Morris (former), Mike Merino (current)
- PIT 2020: Josh Walsman (former), Mark Broder (current)

IGC Zone Support Men

- Allan Shuman: Coordinator
- Atlantic Zone Support: Robert Werme Jr.
- South Zone Support: Allan Shuman
- Central Zone Support: Tom Anderson
- West Zone Support: Mark Broder
- Pacific Zone Support: Mike Davis
- Online Support: Jim Katona Jr.

Area I-Group Coordinators

- Metro NY Tri State: Adam Waywell
- Philadelphia Co-Chairs: Luke Perry & John Winicove
- New England Co-Chairs: Andy Breeding & Robert Werme
- Chicago: Sam Farler
- Central Plains: Noah Danaher
- Heartland: Tom Anderson
- Wisconsin: Zach Ferdinand
- St. Louis: David Corley
- Mid America: Joe Dailey
- Northern California: Bill Zabor
- Hawaii: Mike Davis
- Japan: Rob Nugen
- SouthCal (Los Angeles) Co-Chairs: Robert Gonsalves & Noam Raucher
- South East: Evan Greller
- Greater Carolinas Co-Chairs: Michael Merino& Mark Murphy
- Florida: Philip Harris
- Northwest: Eric Devin
- Southwest Co-Chairs: Mark Broder & Viincent Moskaitis
- Colorado: Bill Bergh

Area I-Group Coordinators (stepped down this year)

- Michael Drumm: Colorado
- Eddie Olivieri: Chicago
- David Hoover: South Central
- Jim Lachman: Upstate New York
- Bob Johnson: Northern California

Links Discussed in Summit

General

Join MKP USA: https://mkpusa.org/support/

Membership renewal: <u>https://mkpusa.org/renew/</u>

Resilience Fund: <u>https://mkpusa.org/resilience</u>

Insurance: https://mkpconnect.org/insurance

Manage Broadcast Lists: Right Hand Side of MKPConnect Profile or https://mkpconnect.org/groupsearch

I-Group Resources

Men's Groups/I-Groups: https://mkpconnect.org/iginfo/ighome

Safer Circles & Communities: <u>https://mkpconnect.org/info/safer-circles-and-communities</u>

Mission: https://mkpconnect.org/mission

I-Group Tool Kit https://docs.google.com/document/d/1HMyYfE3Lx8vSa4cj7AmJtRsbfvFy nIEEywsImeh-5Jg/edit

Trainings

Conflict Resolution Training: https://mkpusa.org/conflictresolution

The Men's Work Training: https://mkpusa.org/themenswork/

Crossroads Training: https://mkpusa.org/crossroads/

Circle of Men Training: <u>https://mkpusa.org/acircleofmen/</u>

Unpacking Power, Privilege and Difference: https://mkpusa.org/unpacking/

Next Step: <u>https://mkpusa.org/next-step/</u>

Omega Point Program: https://omegapointprogram.com/

Links to Summit Recordings

Saturday: <u>https://www.youtube.com/watch?v=it-GWQe_PNo</u> Saturday Jon Levitt Presentation: <u>https://youtu.be/S_Fc8fSIOhE</u> Saturday Deb Mauger Presentation: <u>https://youtu.be/MbC1v4icYIM</u>

Sunday: <u>https://www.youtube.com/watch?v=h9516aff254</u> Sunday Intercultural Presentation: <u>https://youtu.be/M51BZa0wwKU</u>

[We couldn't record the many break out sessions.]

DOCUMENTS

Chicago I-Group's First Hybrid Zoom Meeting (page 29)

Matt Fast Post (read by Tom Reilly on Sunday) (page 30)

Fatherhood: Love Languages https://drive.google.com/file/d/11fJYcfwL7I7brd3MmklowJ2VDdd RiVlf/view?usp=sharing

Fatherhood: Love Languages Children https://drive.google.com/file/d/1xesXuULvhvOjIF8jvI_Gukogeq2y olU4/view?usp=sharing

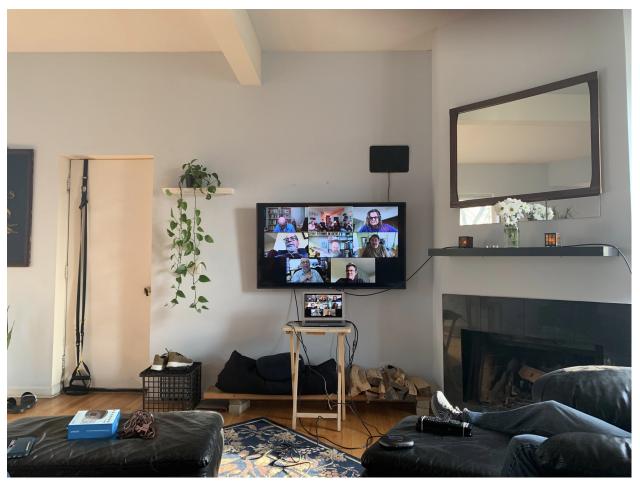
I-Group Summit: Communications Evolve & Grow https://docs.google.com/presentation/d/1rfkJNDI7zJqCiuAZqwhy ka4LVMkpfiaKRYNWJfEzt4o/edit?usp=sharing

Introduction to Conflict Resolution I-Group Summit Presentation https://drive.google.com/file/d/1WzTO4os1gEfGVmTVNFJ77Nj-9 z2p6eG6/view?usp=sharing

REGISTRANTS

https://drive.google.com/file/d/1bYWJnaJ-BP2SEP0Vr-Grz jowIN0Oqgek/view?usp=sharing

Chicago I-Group's First Hybrid Zoom Meeting



"Thought I'd share a picture of our igroups first hybrid igroup meeting with 5 of us in person and 7 on the zoom call. We were all sitting in circle in the room so the camera could see each of us. Zoom in on the picture so you can see what we saw. Rather than thumbnail pictures those of us in the room saw everyone in full size or close to it. We used a good conference style speaker phone and everyone could hear perfectly. It was so great to be able to hug a few of my brothers and to sit in circle (ok half circle) in the same room Can't wait to do it again."

Dan Goldberg, mkpdan@gmail.com

Matt Fast Post

(Tom Reilly read during Intercultural Panel, posted with permission)

Action: Once a GBTQ man reveals the facts of who he is and how he identifies, avoid the temptation to brush it aside with a "you're accepted here" or similar reflexive statement. Instead, treat it as an opportunity to explore whether tensions may exist, and think about how to create a container in which they can be explored if they do.

Reasoning: Unless GBTQ subjects have been addressed at length in prior discussions with every man present, you don't know their levels of comfort with an Out GBTQ member. With recent successes in gaining official and institutional acceptance of GBTQ men, there is strong social pressure to deny negative reactions and feelings to GBTQ men, even in conservative areas (I'm thinking here of the "hate the sin, love the sinner" trope adopted by some church pastors in response to social pushback). Thus there is, now more than ever, increased incentives to deny, repress or conceal such reactions. Without such a container, a man may be deprived of the opportunity to do shadow work. Or, the new GBTQ man may be deprived of the chance to express his discomfort -- or worse, assume that he must repress it because he sees it as being silly or unfounded.

Impact: New GBTQ men will see that we practice what we preach. Straight men cannot be expected to know what a GBTQ man needs. But by establishing a high level of trust and credibility up front, the likelihood they can learn it directly from the horse's mouth rises exponentially.